

# Longtone Exercise

5 seconds      5 seconds      5 seconds      15 seconds

*mp*  
0.....

7  
2.....

13  
1.....

19  
12.....

25  
23.....

31  
13.....

37  
123.....

3

3

3

3

3

3

3

43

3

123.....

49

3

13.....

55

3

23.....

61

3

12.....

67

3

1.....

73

3

2.....

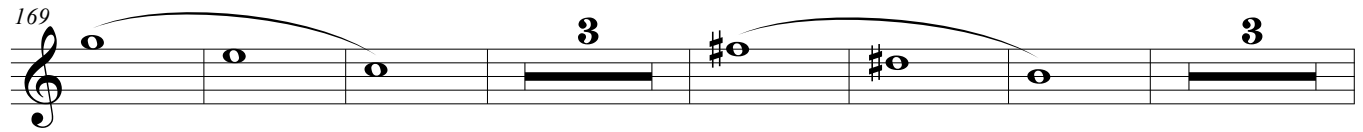
79

3

0.....

Stay at this level until it becomes easy to play



169 

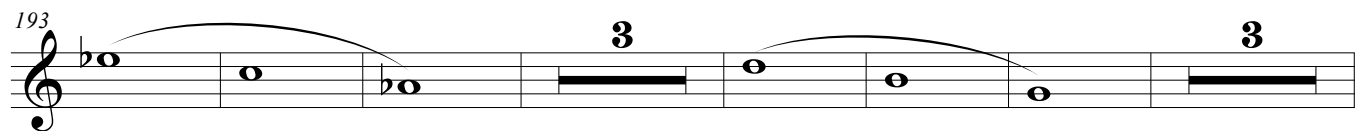
Repeat fingering patterns as before

2

181 

1

12

193 

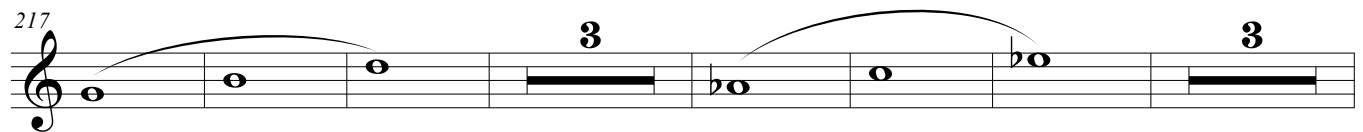
23

13

205 

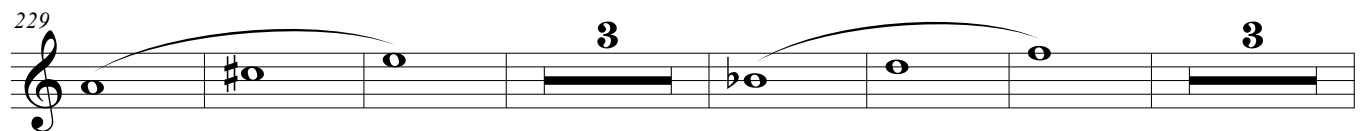
123

123

217 

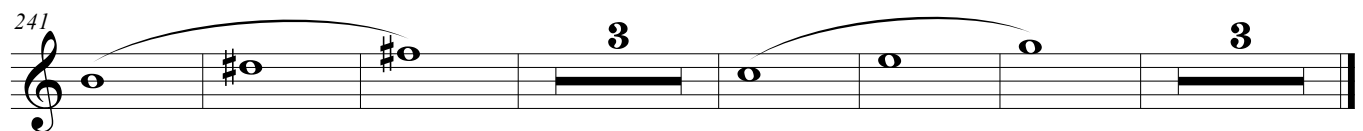
13

23

229 

12

1

241 

2

0

Stay at this level until it becomes easy to play

253

Repeat fingering patterns as before

265

277

13

289

123

123

301

13

23

313

325

Stay at this level until it becomes easy to play